

**ANZ Tennis Hot Shots is specially designed for kids. Smaller courts, racquets and softer tennis balls equals:**

## **FUN**

Players are actively engaged, excited and motivated to participate.

## **SOCIAL**

Players build social skills such as working cooperatively with a partner building friendships, encouraging teammates and showing sportsmanship during game play.

To find out more information visit [hotshots.tennis.com.au](http://hotshots.tennis.com.au)

## **PLAY**

Players think and make decisions about meaningful tennis situations.

## **SKILLS**

Players have plenty of opportunities to improve their tennis skills.

# **ANZ Tennis Hot Shots**

Start playing now!



## What is ANZ Tennis Hot Shots?

ANZ Tennis Hot Shots is based on a “learning-through-play” philosophy, which means that playing the game of tennis is the central feature of each session. Smaller courts, racquets and softer tennis balls makes it possible to develop children’s skills faster, while the Red, Orange and Green stages offer a clear pathway.



**“I wish ANZ Tennis Hot Shots was around when I started playing tennis. Using the modified equipment makes it so much easier to start playing”.**

*Alicia Molik – ANZ Tennis Hot Shots Ambassador*

**“I want to play every day. My mum and dad bought me a small net for Christmas and we play most nights in the driveway”.**

*Sarah, 8 years old – ANZ Tennis Hot Shots participant*

## Stages of development

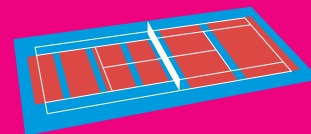
### BLUE STAGE

Children use a variety of large sports balls and the 25 per cent compression red balls that are easier to track and hit. Children play on variable size courts which are smaller than three-metres. Recommended racquet size is 19–21 inches.



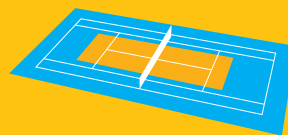
### RED STAGE

Children use 25 per cent compression red balls that bounce lower, slower and are much easier to hit. Children play on three-metre or six-metre wide courts. Recommended racquet size is 21–23 inches.



### ORANGE STAGE

Children use 50 per cent compression orange balls and play on regular courts with reduced length and width. Recommended racquet size is 23–25 inches.



### GREEN STAGE

Children play on a full-sized court using 75 per cent compression green balls. Recommended racquet size is 25–27 inches.

