NEWSLETTER

EDITION 32, AUTUMN 2024





PIP'S SAFETY TIP





Riverstone Swimming Centre Mount Druitt
Swimming Centre



Floating can assist in dangerous conditions at the surf, creek, river or swimming pool. Follow the 'Float to Survive' principles from Bondi Rescue's Bruce 'Hoppo' Hopkins.

- 1. Keep calm and control your breath.
- 2. Lay in the water and lean your head back.
- 3. Extend your arms and your legs.
- 4. Rotate both arms and legs in a circle motion.
- 5. Signal for help by raising a hand.

REMINDER PUBLIC HOLIDAYS

There will no lessons on the following public holiday dates:

- Friday, 29 March
- Saturday 30 March
- Sunday 31 March
- Monday 1 April
- Thursday, 25 April

Students with scheduled lessons on any of these dates will not be charged.



Lessons will continue throughout the school holiday period.

Customers are welcome to 4 complementary time stops within one calendar year. To view our time stop policy or submit a time stop request, please visit aqualearntoswim.com.au

FIRST LAP VOUCHERS

To redeem first lap vouchers please submit in centre to the Aqua Learn to Swim office before 30 June 2024.





aqualearntoswim.com.au







SUMMER SHOOTING STAR WINNERS

The Shooing Star Award is awarded to students that show enthusiasm and determination to improve their swimming skills, while learning to become stronger swimmers.

Charlie Lowles Leisure Centre Emerton Shooting Star

Mikaela Rose Isidro



Mikaela has made very large improvement in her lessons. She was having trouble keeping up when she first started but, because of her determination and perseverance, she has successfully graduated from the Tiger Shark level.

Blacktown Aquatic Centre Shooting Star

Ryan Bose



Ryan has excelled in his swimming abilities. He regularly practices swimming tips at home and tries his best in every lesson. Ryan is a pleasure to teach.

Blacktown Leisure Centre Stanhope Shooting Star

Kairav Pathak



Throughout his lessons Kairav has demonstrated the ability to be safe in and around the pool. He is punctual and disciplined in class and always respectful towards other students and the instructor.

Riverstone Swimming Centre Shooting Star

Juliet Catt



Juliet has demonstrated an incredible improvement in her swimming lessons, which has enabled her to progress a level. Well done, Juliet.

SWIM ACADEMY STUDENT SPOTLIGHT

Blake Read from Blacktown Leisure Centre Stanhope

Q. How long have you participated in lessons?

A. Since I was 6 months old I think, I've swam since I was a baby.

Q. How have lessons supported your swimming progress?

A. They have helped me to build better stamina and helped me with the other sports I love.

Q. What is your favourite stroke and why?

A. Butterfly, because I'm really good at it.

Q. What are your swimming goals?

A. To swim a 200 m butterfly but also win all my races at my swimming carnivals.





