



## PIP'S SPRING TIP



As we enter the warmer months, my tip is that you follow the four 'Keep Watch' principles of **Royal Life Saving Australia**.

1. Actively supervise children around the water.
2. Restrict children's access to water.
3. Teach children water safety skills.
4. Learn how to respond in the case of an emergency.

To find out more visit the Royal Life Saving Australia website: [royallifesaving.com.au](http://royallifesaving.com.au)

## REMINDER

We accept Active Kids and First Lap Learn to Swim vouchers.  
Apply at Service NSW.

## SPACES AVAILABLE

Spaces are available for our infant and preschool year program at Blacktown Leisure Centre Stanhope and Charlie Lowles Leisure Centre Emerton.

Enquire with our swim school team to discuss enrolment. Be quick, these vacancies will not last long.



## AUTUMN SHOOTING STARS

The Shooting Star Award is awarded to students that show enthusiasm and determination to improve their swimming skills, while learning to become safe and stronger swimmers.

### Blacktown Shooting Star

Adelaide Longmire



Adelaide attends lessons consistently. She always listens and works hard to achieve her skills.

### Stanhope Shooting Star

Leo De Guzman



Leo is a good listener in class and always tries his best.

### Emerton Shooting Star

Shania Kamelia Safiq



Shania always attends swimming excited and eager to learn new things. Her confidence and technique have significantly improved, evident in her progression to the next level. She started the season working on her reach and pull with roll-over and is now working on her freestyle with bilateral breathing, a skill which she has been excited to learn and demonstrates very well.



# SWIM ACADEMY

## ATTENTION

Tiger Shark and Blue Whale students, you will soon approach the end of the Aqua Learn to Swim program. Consider joining Swim Academy to further develop strength and fitness.

## SWIM ACADEMY STUDENT SPOTLIGHT

**Ella Cheng, 10 from Blacktown Aquatic Centre**

- ▶ **Q. How long have you participated in swimming lessons for?**  
A. I started swimming lessons at 3 years old and participated in lessons for 7 years.
- ▶ **Q. How has lessons supported your swimming progress?**  
A. Swimming lessons have helped me build my fitness and strength as well as help me learn the technique for all 4 swimming strokes.
- ▶ **Q. What is your favourite stroke and why?**  
A. Freestyle as it was the simplest and easiest for me to learn.
- ▶ **Q. What are your swimming goals?**  
A. To get faster and to make the school regional swimming carnival.



**Blacktown Aquatic and Leisure Centres** have a brand newly refreshed website with better functionality that can be viewed on any device.

This project was over 2 years in the making and was undertaken to enhance our customer's online experience.

To view the newly refreshed website please see [aqualearntoswim.com.au](http://aqualearntoswim.com.au)

**Mount Druitt Swimming Centre and Riverstone Swimming Centre** are now open for the summer season.



# KIDZ BLITZ

## HOLIDAY PROGRAM



Keep your little adventurers active and engaged throughout the school break.

Fun daily themes and water activities.

For kids aged 6 – 12 years.

| Blacktown Aquatic Centre                             | Blacktown Leisure Centre Stanhope  | Charlie Lowles Leisure Centre Emerton                 |
|--|--|---|
| 4 Boyd St,<br>Blacktown NSW 2148<br>Phone: 8869 9000 | Cnr Stanhope Pkwy &<br>Sentry Dr, Stanhope<br>Gardens NSW 2768<br>Phone: 9421 2600 | 35 Jersey Rd,<br>Emerton NSW 2770<br>Phone: 8822 6000 |

Visit [blacktown.nsw.gov.au/kidzblitz](http://blacktown.nsw.gov.au/kidzblitz)



## Want to join our team?

Just scan the QR code for job vacancies



**BLACKTOWN AQUATIC CENTRE**  
Boyd St  
Blacktown 2148  
Ph: 02 8869 9000

**CHARLIE LOWLES LEISURE CENTRE EMERTON**  
35 Jersey Rd  
Emerton 2770  
Ph: 02 8822 6000

**BLACKTOWN LEISURE CENTRE STANHOPE**  
Sentry Drive  
Stanhope Gardens 2768  
Ph: 02 9421 2600

**RIVERSTONE SWIMMING CENTRE**  
Market Street  
Riverstone 2765  
Ph: 02 9627 1469

**MOUNT DRUITT SWIMMING CENTRE**  
Ayres Grove  
Mt Druitt 2770  
Ph: 02 9625 6360

[www.aqualearntoswim.com.au](http://www.aqualearntoswim.com.au)